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New Patient Contact Lens Policies

Since you wear contact lenses you need to be aware of our policies so that you can understand our office and what you will need to do meet your visual needs. Our policies apply if you wear contacts occasionally or you wear contacts as your main vision correction. The first step in is the Comprehensive Eye Exam.

Getting Ready For Your Exam In Our Office

Here is what you need to bring to your exam:

1. your eyeglasses or your last eyeglass prescription,
2. your contact lenses (wear them to the visit if you can safely do so and you usually wear contacts),
3. your contact lens prescription—you may need to contact your last doctor for this,
4. a signed copy of this form,
5. your insurance information (it's best if we have this before your exam to check your coverage).

If you cannot bring *all* of the above to the exam, we will not be able to complete the entire exam, so additional visits will be necessary.

Medical Issues

Contact lenses are prescription medical devices regulated just like medications. This is because contacts sit directly on the eyes and can cause serious and permanent vision loss. Our office's primary purpose is to make sure your eyes are healthy and that you do not lose vision or have a problem related to contact lenses. Remember that we can and do refuse to continue to see patients that do not follow instructions and put their eyes at risk.

1. our office does not care for patients that sleep in contact lenses (extended wear). There is a 5 times greater risk of infection and vision loss with this type of lens wear, making extended wear unacceptable. If you sleep in your contacts, be prepared for the doctor to advise you to stop this practice.
2. if the doctor finds a medical condition related to contacts be prepared for additional office visits as we will need to stabilize your eyes. You may need to stop contact lens wear and wear glasses to allow your eyes to heal before you can safely return to lens wear. These visits may not be covered by your insurance.
3. we require our patients to care for their lenses properly with regular replacement and proper cleaning and disinfecting. The doctor will prescribe a solution that is best for you.
4. we require a yearly comprehensive eye exam in order to continue to fill a contact lens prescription so that we can be sure that you can safely continue to wear contact lenses.

When Do I Get My Contact Lens Prescription

Our office can write a contact lens prescription only after the following are completed:

1. you have completed a comprehensive eye exam,
2. you have completed all the contact lens fitting and follow-up visits required by the doctor,
3. the doctor determines that it is safe for you to wear contact lenses,
4. you have a zero balance in your office account.

Contact lens prescriptions expire one year from the date of the comprehensive exam.

I have read and agree to all of the above.

Patient Signature

Date